STATE OF IOWA DEPARTMENT OF Health and Human services



Zachary Rhein Director of Aging and Disability Services

Zachary Rhein serves as Iowa's Director for the Aging and Disability Services division within the Iowa Department of Health and Human Services (HHS).

Zach has over 20 years of experience working in federal and state government and nonprofit organizations, where he has focused on designing programs that meet individuals' basic needs.

While at the Iowa Department on Aging, Zach served as the Director of Programs where he led several initiatives focused on helping older Iowans maintain their independence for as long as possible. He worked as the RSVP Program Director, developing programs and recruiting volunteers, and as a Compliance Officer monitoring Iowa's six Area Agencies on Aging to ensure compliance with the Older Americans Act programs.

Functions within the Department on Aging became part of Iowa HHS in July 2023, as part of the state's agency alignment initiative.

In addition to this work, Zach was an adjunct faculty member with Des Moines Area Community College (DMACC), Iowa State University, George Mason University and Washburn University, teaching composition courses on persuasive writing, communication and interviewing skills.

Zach holds a Bachelor of Arts in English from the University of Kentucky and a Master of Arts in English literature from Southern Illinois University.

He lives in West Des Moines with his wife, Sara, and their four children.